

Class Date: _____

CONFIDENTIAL ENROLLMENT FORM

Name: _____

(As you want it to appear on your certificate.)

Address: _____

City: _____

State: _____ Zip: _____

Phone: (H) _____

(W) _____

(C) _____

Email: _____

You will receive a letter advising you of the class location.

Name of other parent of your child(ren): _____

Are you currently in danger of your partner or ex-partner doing any of the following?

- Physically hurting you by, for example, pushing, grabbing, slapping, hitting, choking, or kicking?
- Threatening to hurt you, your children, or someone else close to you?
- Stalking, checking up on you, or following you?
- Making you afraid?

___ **Yes.** (You will be contacted by the Cornell Cooperative Extension Family & Consumer Science Issues Leader. Please indicate the safest way to contact you.)

___ **No.** (None of the above applies to me, or I choose not to answer at this time)

___ Please send scholarship information.

___ I'm insured by either Blue Choice Option or Preferred Care (Enclosed is a check/money order for the \$50 fee. Forward receipt to me, so I can apply for insurance reimbursement).

___ Add my name to your mailing list.

See other side!

BILL OF RIGHTS FOR CHILDREN WHOSE PARENTS ARE SEPARATED

1. The right not to be asked to "choose sides" between their parents.
2. The right not to be told the details of the legal proceedings going on between their parents.
3. The right not to be told "bad things" about the other parent's personality or character.
4. The right to privacy when talking to either parent on the telephone.
5. The right not to be "cross examined" by one parent after spending time with the other parent.
6. The right not to be asked to be a messenger from one parent to the other.
7. The right not to be asked by one parent to tell the other parent untruths.
8. The right not to be used as a confidant regarding adult matters.
9. The right to express feelings, whatever those might be.
10. The right to choose not to express certain feelings.
11. The right to be protected from parental "warfare".
12. The right not to be made to feel guilty for loving both parents.

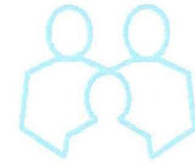
Author Unknown

CONTACT INFORMATION

Donna Horton

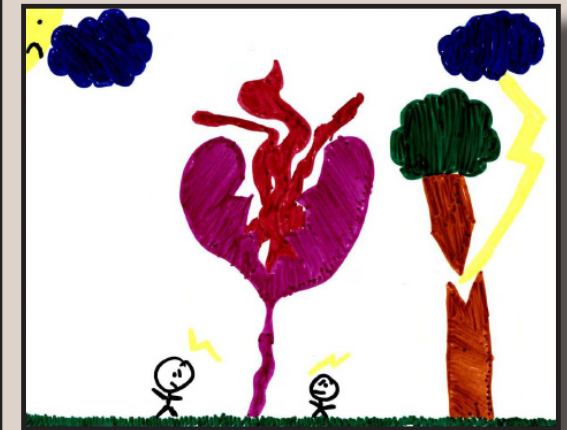
Family & Consumer Science
Issues Leader

Cornell Cooperative Extension
Livingston County
158 Main Street, Mount Morris NY 14510
T: 585-658-3250 | F: 585-658-4707
dfh3@cornell.edu



NEW YORK STATE
PARENT EDUCATION AND
AWARENESS PROGRAM

A Certified Parent Education Program

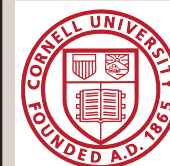


A program for parents who are
separating or divorcing.

Looking at the experience from the
perspective of the child.



Facilitated by:



Cornell University
Cooperative Extension
Livingston County

WHAT PARENTS CAN DO TO HELP THEIR CHILDREN

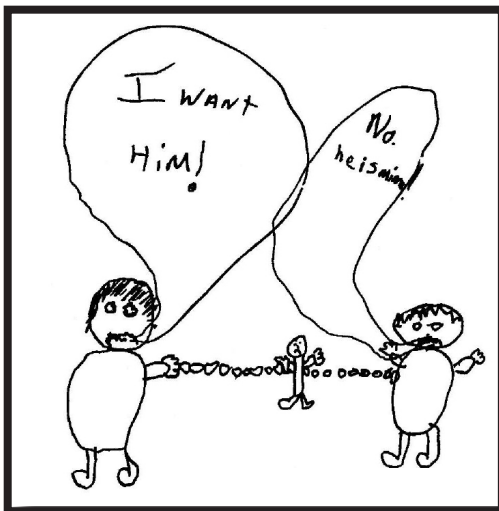
There are three important things for you, as a parent, to focus on when helping your child(ren) through separation or divorce.

1. **YOU** - You need to take care of yourself, so you can parent effectively and be a role model for your child(ren).

2. **YOUR CHILDREN** - You need to have a good relationship with your child(ren) and provide them with structure, stability, support, and appropriate care.

3. **YOUR CHILD'S OTHER PARENT** - You need to work out the best way to communicate with your child(ren)'s other parent and keep them out of the middle of your conflicts and disagreements.

Source: NYS Parent Education & Awareness Program



PARENTS APART® CURRICULUM

Two 3-1/2 hour sessions providing information on:

- Stages of divorce and separation for parents and children
- What parents can do to help their child(ren) adjust
- Tools for parenting apart
- Skills for listening to children
- Tips on common parental pitfalls.
- The legal process - custody, visitation, and child support
- The mediation process
- Local resources



PROGRAM NOTES

- Cost \$50 per person includes parent handbook and local resource materials. Limited scholarships are available, application is necessary. ** Cost subject to change.
- Parents Apart® is open to residents in Livingston and surrounding counties. (Similar program offered in Monroe, Ontario, and Wayne Counties).
- There may be a waiting list, so register early.
- It is required that you attend all sessions to receive a certificate of compliance.
- The classroom is not suitable to children. Childcare is not provided.
- Parents Apart® may not be appropriate when domestic abuse is present.

Check out the following website:
www.nycourts.gov/ip/parent-ed
 or call: 1-888-809-2798 (toll free)



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P A R E N T S A P A R T

REFERRED BY

_____ Attorney _____ Mediator
 _____ Physician _____ School Counselor
 _____ Law Guardian _____ Self
 _____ Other: _____

If referred by the Court, please insert Judge's name and complete information below.

Judge: _____

Family Court Docket No. _____

Family Court File No. _____

Supreme Court Index No. _____

CLASS DATES

Livingston County Area - Classes are held throughout the year. After enrolling, you will receive a letter indicating the location of the class. Contact Cornell Cooperative Extension Livingston County at 585-658-3250 for specific dates and times.

Check or money order for \$50 payable to **Cornell Cooperative Extension**. There will be \$20 fee charged for returned checks.

Mail payment and registration to: Parents Apart, Cornell Cooperative Extension, 158 Main Street, Mt. Morris NY 14510

See other side!