

LIVINGSTON LIVEWIRE

JANUARY 2025



Produced in New York

Date: February 7th & 8th

Times: 5:30pm (Friday) OR

9am, 11am or 1:30pm (Saturday)

Location: United Methodist Church (Livonia)

Questions? Contact Randy at rjs546@cornell.edu

What is PiNY?

- Youth Select a recipe that contains at least 1 cup of something produced in NY.
- Prepare the recipe during your scheduled time and have a sample ready for the judges.
- Receive feedback from judges on your cooking skills & the appearance of your finished dish.
- PiNY is a great way to begin gaining confidence with your presentation skills, its a lot of fun, and it can help you qualify for the 2A or 3A Award Trip

Register by January 29th
by scanning this QR Code



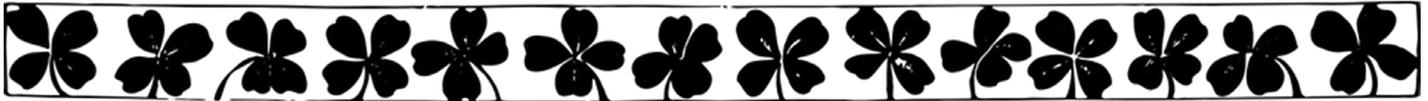
Forms available by
scanning this QR Code



CALENDAR OF EVENTS

DATE	TIME	EVENT
Jan. 9	6pm	Introduction to PINY (Livingston Co. Auditorium) - RSVP by 1/8
Jan. 15	6pm	Teen Council (CCE Livingston)
Jan. 18	10:30am	Cooking with Ron, Linda, & Gardner (Federated Parish in Groveland)
Jan. 20		CCE Livingston CLOSED
Jan. 22	6pm	Livingston County Nibblers Meeting (Chip Holt Nature Center)
Jan. 23	5:30pm	Activity Night (Chip Holt Nature Center) - RSVP by 1/17
Jan. 28	5:30pm	Discovery Club Meeting (Livingston Co. Auditorium) - RSVP by 1/24
Jan. 29	6pm	Volunteer Connections (Chip Holt Nature Center) - RSVP by 1/27
Feb. 7 & 8		Produced in New York (United Methodist Church of Livonia) - Register by 1/29
Feb. 10		Deadline to Order Market Poultry Chicks
Feb. 11	5:30pm	Intro to Public Presentations (Livingston Co. Auditorium) - RSVP by 2/4
Feb. 12	6pm	Teen Council (CCE Livingston)
Feb. 27	6pm	Livingston County Nibblers Meeting (Chip Holt Nature Center)
Mar. 4 & 8		Public Presentations (Livingston Co. Auditorium) - Register by 2/23
Apr. 30		4-H Enrollment Deadline

*CCE Livingston County will be closed on
January 20th for Martin Luther King Day*



Coming up-

TEEN FUN

Wednesday, January 15th | 6:00-7:00pm
CCE Livingston Office

Teen Council Meeting - Discussing upcoming Community Service projects and coming up with Activity Night Ideas. Planning for Nursing Home Service Project

Wednesday, February 12th | 6:00-7:00pm
CCE Livingston Office

Teen Council Meeting - General meeting to discuss planned community service projects. Beginning discussions for Spring Egg Hunt

4-H Members 12+ are invited to join our new offerings for learning leadership, comradery and fun!

Questions and RSVPs to Randy
(rjs@cornell.edu)



Public Presentations

Tuesday, March 4th: 5:30pm & 7pm

Saturday, March 8th: 9am, 10:30am, & 12:30

Livingston County Auditorium, Mt. Morris County Campus

Register by February 23rd by scanning the QR Code below or going to

https://reg.cce.cornell.edu/LivCoPublicPresentations2025-2_224

Registration Opens January 19th.

16 registration spots per session available. Each session will have 2 judging areas accommodating 8 presenters. Final schedule will be emailed to participants prior to event.

Questions? Contact Randy at rjs546@cornell.edu

For more information or helpful tips, visit our website:

<https://ccelivingstoncounty.org/4-h-youth/activities-and-events>

Lots of great information including rubrics on what judges will be looking for.

Types of Presentations

- **CLOVERBUDS**: 1-3 minutes. “Show and Tell.” Use of Visual (poster/prop) is recommended
- **ILLUSTRATED TALK**: Use of visual aids to talk about a topic. Recommended for beginners. Good for all Ages
- **DEMONSTRATION**: Show how to do or make something. Recommended for beginners. Good for all Ages
- **SPEECH**: Deliver an original speech intended to persuade, motivate or inform the audience. good choice for ages 12+ who have done Demonstrations & Illustrated Talks
- **DRAMATIC INTERPRETATION**: Re-enact a piece of scripted material individually or in a team. Good choice for ages 12+ who have done Demonstrations & Illustrated Talks
- **RECITATION**: Recite a pre-written work using vocal inflection & body language. Good Choice for ages 12+ who have done Demonstrations & Illustrated Talks
- **IMPROMPTU**: Ready for a challenge? Pull a topic from a hat & use 20 minutes to prepare a presentation. Great choice for ages 13+ who have at least 2 years of experience in public presentations.
- **COLLEGE OR JOB INTERVIEW**: Prepare a resume & engage in a simulated interview process. Great choice for ages 14+ who would like practice & feedback before a real interview.



Scan to Register



Public Presentations OR Horse Communications are 1 of the eligibility requirements for the 2A/3A Award Trips along with one other County Wide Event.

“Being able to effectively communicate ideas to a group of people is an extremely important skill to possess. Public presentations gives our 4-H kids a head start on mastering this important life skill.” - Gardner Low, 4-H Volunteer



WHAT'S GOING ON IN 4-H?!

Save the Date



VOLUNTEER CONNECTIONS

JOIN US FOR A VOLUNTEER SOCIAL HOUR!

We will be hosting a monthly 4-H volunteer social hour to help you connect with each other and learn about new programming ideas.

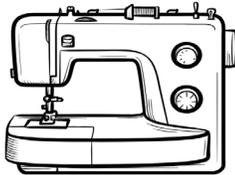
January 29 | 6pm-7pm
Chip Holt Nature Center
New Location

Interested in learning to sew?

We are looking to see if there is any interest in learning how to sew. Please fill out this form, or contact Randy (rjs546@cornell.edu) if you are interested.

Each month will feature a different curriculum or activity! Everyone will receive the curriculum and supplies to lead the activity.

Featured Curriculum
Monarch's on the Move



RSVP to Jenn at jls669@cornell.edu by January 27th

2025 National 4-H Conference

NATIONAL 4-H CONFERENCE

save the date

2025 NATIONAL 4-H CONFERENCE

FRIDAY, APRIL 11 – WEDNESDAY, APRIL 16

USDA National Institute of Food and Agriculture
U.S. DEPARTMENT OF AGRICULTURE

NIFA's Division of Youth and 4-H is planning the 2025 National 4-H Conference that will take place on April 11-16, 2025 at the Hyatt Regency Crystal City in Arlington, Virginia.

Interested NYS 4-H members please submit your application & Conference registration form by Friday, January 17, 2025, for consideration in representing NYS 4-H at the 2025 National 4-H Conference. Applicants must be 15-19 years old and not previously have attended National 4-H Conference.



Conference Application



Conference Registration



WHAT'S GOING ON IN 4-H?!



Introduction to Produced in New York



Thursday, January 9th - 6:00p-7:00p
Livingston County Auditorium

Have you heard about Produced in New York, but not sure what it is? Do you like to cook, and want to practice your cooking skills? Join us as we learn about this fun event, how to prepare for it, and what evaluators will be looking for!

RSVP to Randy at rjs546@cornell.edu by January 8th.



Introduction to Public Presentations

When: Tuesday, February 11th | 5:30 | Livingston County Auditorium

Interested in Public Presentations but not sure what they are? Or do you need to brush up on your public speaking skills? Join us as we will learn about the ins and outs of the event, and how to format your presentation while you brainstorm on topics you might want to talk about.

RSVP to Randy (rjs546@cornell.edu) by Feb 4th





COUNTY-WIDE CLUB MEETINGS

4-H DISCOVERY CLUB

Interested in joining a 4-H Club?! Join the Discovery Club! We will focus on a different topic or upcoming event every month!

Open to ALL ages.

January Meeting

Topic: Chocolate for Valentines Day

January 28th | 5:30pm-6:30pm
Livingston County Auditorium

RSVP by 1/24 to Jenn at jls669@cornell.edu

LIVINGSTON COUNTY NIBBLERS

This club is open to all enrolled 4-Hers and we will have monthly meetings at 6pm in the Chip Holt Nature Center. Each month we will work on showmanship, rabbit/cavy care, and other activities. If you're interested, come check it out. Come to one or all meetings - just **RSVP to Jessica Gramkee at jgramkee@gmail.com** before the meeting date in case of cancellation.

UPCOMING MEETINGS:

January 22

February 27

March 26

April 24

May 28



SAVE THE DATE!

Cooking with Ron, Linda and Gardner

January 18th | 10:30am | Federated Parish in Groveland

At this first meeting, we will then schedule future classes for when **YOU** want them as well as planning a menu to prepare for the Saturday before Easter! You can invite anyone you would like to the dinner in which you will be preparing and serving the meal! Come with ideas for a menu. Any questions, please contact Ron by phone or text at 585-747-7251.



New York State Guernsey Calf Scholarship

The Calf Scholarship Award Program is sponsored by the New York State Guernsey Breeders Association for the purpose of encouraging those who do not presently own Guernseys to become involved with the Guernsey Breed. A purebred Guernsey Calf will be awarded to the applicant who shows interest in the Guernsey breed and who has demonstrated the capabilities of developing the animal to its fullest potential. Applicant must be age 9 – 15 as of January 1st of the application year. You do not have to belong to 4 – H, FFA, or a breed club to participate. Applications are due March 1st. More information and an application may be found at <https://nyguernseybreeders.com/our-association/state-award-applications/>

Activity Night

Cure for the winter blues

**Want to start gardening?
Want to help attract pollinators to your garden?**

Join us at Chip Holt Nature Center on Thursday, January 23rd from 5:30 to 6:30 for Winter/Milk Jug Sowing. RSVP by 1/17. Limited to 15 Youth.

We will be learning about winter sowing and starting Milkweed seeds to help attract beneficial pollinators and help the endangered Monarch Butterfly.

Please Bring a clean semi-transparent or clear gallon jug! (Parents will be needed to help with cutting)



2024-2025 4-H ENROLLMENT IS OPEN!

Enroll before your first 4-H activity!



Age as of January 1, 2025:
Cloverbud: 5-7 years
4-Her: 8-18 years

Enrollment Fees:
\$15/Youth
\$40/Family (3+ Youth)



Visit <http://cclivingstoncounty.org/4-h-youth/joining-4-h-2> for a link to the enrollment form!
OR scan the QR Code!



BE SURE TO READ THE INSTRUCTION PAGE BEFORE COMPLETING YOUR ENROLLMENT FORM

Send payment (cash or check, payable to CCE Livingston County) to:
3 Murray Hill Drive, Mount Morris, NY 14510
Or use our Paypal link found here: <http://cclivingstoncounty.org/donate>
Click "Donate", set the amount, and include "[youth name] 4-H Enrollment" in the note section.

DEADLINE TO ENROLL IN 4-H: APRIL 30TH



ANIMAL SCIENCE

4-H Horseback Riding Log Sheet & Contest

The NYS 4-H Horse Program is happy to announce start of the Horseback Riding Log Sheet & Contest. This log sheet isn't just for those NYS 4-H youth who ride, it is riding, driving, and groundwork as well! Log your hours with your horse(s)! Please use different sheets if you are working with more than one horse.

This program will run from October 1st, 2024 to September 30th, 2025. The top two Cloverbud, Junior and Senior youth with the highest documented hours will be selected for prizes from the NYS 4-H Horse Program!

If your hours fill more than the chart provided, you may use more than one sheet! Logs will be posted at the NYS 4-H Horse Program webpage in the near future: <https://cals.cornell.edu/nys-4-h-animal-science-programs/livestock/horses>

TOMPKINS

BANKING | INSURANCE | WEALTH

Congratulations Michaela Bugman on earning a Tompkins Community Bank \$500 4-H Beef Scholarship to help purchase her beef project animal!

Thanks to Tompkins Community Bank for their continued funding of this scholarship!



SAVE THE DATE!

Save the date for our SECOND Annual NYS 4-H Horse Judging Clinic! **Registration information will be sent out ASAP.** Registration deadline will be January 15th, 2025.

This year it will be hosted at Alfred University at their Broomley-Daggett Equestrian Center!

Date: February 1st, 2025

Start Time: 10:00am

Local Hotels:
Hampton Inn Hornell and Saxon Inn

Lunch is provided for youth and the cost is FREE with a big THANK YOU to Alfred University for hosting and sponsoring this event!

If you have any questions please email Jessica Tyson at jms943@cornell.edu.



NYS 4-H EDUCATIONAL ZOOM SESSIONS:

Join us for our yearly NYS 4-H Horse Educational Event zoom series! Come learn directly from our coaches about our contests and how to study/prepare!

Registration closes January 3rd, 2025.

We will be meeting:
January 6, 13, 20, 27
February 3, 10, 17, 24

REGISTRATION LINK:
[HTTPS://REG.CCE.CORNELL.EDU/EDUCATIONALZOOMSESSIONS_127](https://reg.cce.cornell.edu/educationalzoomsessions_127)



QUESTIONS? DIRECT THEM TO JESSICA TYSON:

Jessica Tyson

Email: jms943@cornell.edu

Market Poultry Project

Meat birds will be part of the 4-H market animal program and 4-H Livestock Auction at the Hemlock Fair. This project is ideal for members interested in raising a market animal but may be restricted by space, facilities, or finances.

The meat bird project will follow the rules found in the 2025 4-H Livestock Sale Rules available at: <https://cclivingstoncounty.org/resources/2024-2025-auction-sale-rules>

Please read this document carefully before committing to the project! There are a couple of new rules highlighted in the document.

*NEW: Exhibitors consigning market poultry only and no other species may sell 2 pens of 2 birds. Exhibitors consigning meat birds and another species may only sell 1 pen of 2 meat birds.

All participants will have to complete ONE Pre-Fair Educational Activity to be eligible to sell their meat birds at the fair!

All birds must be purchased through the 4-H program to be eligible for the meat bird project and sale.

Tentative Show & Crating Date:
Sunday, July 6

Tentative Delivery:
May 8-9

**Order Deadline:
February 10th**

Cost: \$2.20 each

Order Minimum Per Youth:

- If selling 1 pen: 6 Chicks
- If selling 2 pens: 8 chicks

You will receive an email when we have an exact delivery date.

Chicks must be picked up at the CCE Office on the day they are delivered

**Orders MUST be
submitted online.
Scan the QR Code**



Questions:

Contact Jenn (jls669@cornell.edu) or Mark (mjw16@cornell.edu)



Produced in New York Food Presentations

Cloverbud Menu Planning Sheet



Directions: Youth members fill out the following information and bring with you to your scheduled PINY Demonstration time.

Name:	
Age (as of Jan 1):	Years in PINY:
Recipe Title:	

What ingredient or ingredients are grown in New York State?	
Where did you get your recipe?	Why did you choose this recipe?
What makes this recipe healthy for you? What food groups are in your recipe?	Is there anything you might have changed in the recipe?
Name a new skill that you learned while practicing this recipe OR name something you tried to improve.	What did you like best about the recipe or ingredient?



Produced in New York Food Presentations

Menu Planning Sheet

Directions: Youth members fill out the following information and bring with you to your scheduled PINY Demonstration time. Please note, there is a different Cloverbud Menu Planning Sheet.

Name:		
Age (as of Jan 1):	Year in Food Project:	Years in PINY
Recipe Title:		Featured NY Ingredient:

Menu Plan- Plan a complete menu for one meal that includes your recipe. Be sure to consider balanced nutrition, appearance, texture and flavors. (Please use correct grammar and spelling when completing these areas.) Have you included all the food groups from My Plate?

My Menu Plan is for (please check): Breakfast Lunch Dinner Snack



Story of your Recipe- Tell us the story of how you came to use this recipe. Where did you get the recipe? Why did you pick this one? Does your family like it? Did you change anything about it?

Nutrition Statement- outline the nutrients by major ingredients in your recipe. Try to include at least 3 top ingredients.

Major Ingredient or Food	Which Food Group (fruit, veg, protein, grain, or dairy?)	Nutrient Provided by Food	Function of the Nutrient
Ex: Milk	Dairy	Calcium	Builds strong bones and teeth

Produced in NYS Statement- Tell where the featured ingredient(s) is grown or produced in New York State and tell us at least 2 interesting facts about it.

I pledge...



my **head** to clearer thinking,
 my **heart** to greater loyalty,
 my **hands** to larger service, and
 my **health** to better living for
 my **club**, my **community**,
 my **country**, and my **world**.





Making Mosaics

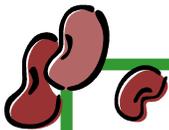


Mosaics are pictures made out of different objects glued together. They can be made out of any objects, such as tiles, pieces of glass, beads, beans, seeds, squares of paper, etc.

Materials: Tag Board or Heavy Paper
White Glue
5-6 Kinds of Dried Beans or Seeds
Newspaper

Procedure:

1. Place newspaper over the workspace.
2. Place the tag board or heavy paper on the workspace and glue the beans or seeds to it to make a picture.
3. Let sit to dry.



Place a picture of your artwork here.



CLUB NEWS

Lightening Bolts Club Report

For our December meeting we went over upcoming events. Followed up with a painting activity. We have to paint a snowman or Christmas tree onto a canvas using cups or a template and a circle sponge. We then added some details.

Written by Kiara Gramkee

The 4-H Pledge

I pledge my HEAD to clearer thinking.
I pledge my HEART to greater loyalty.
I pledge my HANDS to larger service.
I pledge my HEALTH to better living for my club, my community, my country, and my world.



4-H Club Reports & Articles Wanted!

4-H Club Leaders and Secretaries are encouraged to share their club happenings (meetings, projects, activities, events, etc.) with our 4-H community by submitting a brief report or write up for publication in the monthly Livewire. Reports/write ups should be submitted by the 15th of the month to Jenn at jls669@cornell.edu.



2025 4-H HEMLOCK FAIR THEME:

Circus/Carnival

4-H is the greatest show on earth!



BE SURE TO READ YOUR JANUARY NEWSLETTER!



4-H GROWS HERE

This newsletter comes to you as part of the educational program provided by the Livingston County Cornell Cooperative Extension 4-H Program. It is prepared by the 4-H staff and published every month.

4-H Program Advisory Committee:

Christie Bugman	Callie Duryea
Nicole Christiano	Jessica Gramkee
Matt Cicero	David Lang
Megan Coty	

Teen Members:

Michaela Bugman
Victoria Charlebois • Lily Sharp

Mark Wittmeyer, (585) 991-5420 ext. 5441
Youth Development Team Leader
mjw16@cornell.edu

Jennifer Schwab, (585) 991-5420 ext. 5439
4-H & Ag in the Classroom Educator
jls669@cornell.edu

Randy Stephens, (585) 991-5420 ext. 5444
4-H Educator
rjs546@cornell.edu

3 Murray Hill Drive, Mount Morris, NY 14510
Phone: (585) 991-5420 or (585) 335-1752
www.ccelivingstoncounty.org
Follow us on Facebook & Instagram!

Cornell Cooperative Extension
Livingston County

Building Strong and Vibrant New York Communities

"Cornell Cooperative Extension is an employer and educator recognized for valuing AA/EEO, Protected Veterans, and Individuals with Disabilities and provides equal program and employment opportunities. No person shall be denied admission to any educational program or activity or be denied employment on the basis of any legally prohibited discrimination involving, but not limited to, such factors as race, color, religion, political beliefs, national or ethnic origin, gender, sexual orientation, age, marital or family status, veteran status, or disability. Cornell Cooperative Extension is committed to the maintenance of affirmative action programs that will assure the continuation of such equality of opportunity." NYS College of Agriculture and Life Sciences, NYS College of Human Ecology and NYS College of Veterinary Medicine at Cornell University, Cooperative Extension associations, county governing bodies, and U.S. Department of Agriculture, cooperating.

Please contact the Cornell Cooperative Extension of Livingston County office if you have any special needs.