

# LIVINGSTON LIVEWIRE

FEBRUARY 2025



## Public Presentations

**Tuesday, March 4th: 5:30pm & 7pm**

**Saturday, March 8th: 9am, 10:30am, & 12:30**

**Livingston County Auditorium, Mt. Morris County Campus**

**Register by February 23rd by scanning the QR Code below or going to  
[https://reg.cce.cornell.edu/LivCoPublicPresentations2025-2\\_224](https://reg.cce.cornell.edu/LivCoPublicPresentations2025-2_224)**

**Registration Opens January 19th.**

16 registration spots per session available. Each session will have 2 judging areas accommodating 8 presenters. Final schedule will be emailed to participants prior to event.

**Questions? Contact Randy at [rjs546@cornell.edu](mailto:rjs546@cornell.edu)**

**For more information or helpful tips, visit our website:**

**<https://celivingstoncounty.org/4-h-youth/activities-and-events>**

Lots of great information including rubrics on what judges will be looking for.

### Types of Presentations

- **CLOVERBUDS:** 1-3 minutes. "Show and Tell." Use of Visual (poster/prop) is recommended
- **ILLUSTRATED TALK:** Use of visual aids to talk about a topic. Recommended for beginners. Good for all Ages
- **DEMONSTRATION:** Show how to do or make something. Recommended for beginners. Good for all Ages
- **SPEECH:** Deliver an original speech intended to persuade, motivate or inform the audience. good choice for ages 12+ who have done Demonstrations & Illustrated Talks
- **DRAMATIC INTERPRETATION:** Re-enact a piece of scripted material individually or in a team. Good choice for ages 12+ who have done Demonstrations & Illustrated Talks
- **RECITATION:** Recite a pre-written work using vocal inflection & body language. Good Choice for ages 12+ who have done Demonstrations & Illustrated Talks
- **IMPROMPTU:** Ready for a challenge? Pull a topic from a hat & use 20 minutes to prepare a presentation. Great choice for ages 13+ who have at least 2 years of experience in public presentations.
- **COLLEGE OR JOB INTERVIEW:** Prepare a resume & engage in a simulated interview process. Great choice for ages 14+ who would like practice & feedback before a real interview.



Scan to Register



**Public Presentations OR Horse Communications are 1 of the eligibility requirements for the 2A/3A Award Trips along with one other County Wide Event.**

"Being able to effectively communicate ideas to a group of people is an extremely important skill to possess. Public presentations gives our 4-H kids a head start on mastering this important life skill." - Gardner Low, 4-H Volunteer

# CALENDAR OF EVENTS

DATE	TIME	EVENT
Feb. 7 & 8		Produced in New York (United Methodist Church of Livonia) - Register by 1/29
Feb. 10		Deadline to Order Market Poultry Chicks
Feb. 11	5:30pm	Intro to Public Presentations (Livingston Co. Auditorium) - RSVP by 2/4
Feb. 12	6pm	Teen Council (CCE Livingston)
Feb. 15	10am	4-H Horse Quiz Bowl & Hippology (Chip Holt Nature Center) - RSVP by 2/12
Feb. 17		CCE Livingston CLOSED
Feb.18	6pm	4-H Volunteer Connections (CCE Livingston) - RSVP by 2/14
Feb. 20	5:30pm	Animal Activity Night (Chip Holt Nature Center) - RSVP by 2/17
Feb. 21		Deadline to Submit Designs for the 2025 4-H Fair Shirt
Feb. 23	1pm	4-H Family Movie Day (Livingston Co. Auditorium) - RSVP by 2/20
Feb. 25	5:30pm	Discovery Club & Activity Night (Chip Holt Nature Center) - RSVP by 2/21
Feb. 26	6pm	Livingston County Nibblers Meeting (Chip Holt Nature Center)
Feb. 27	5:30pm	Horse Communications ( CCE Office) - Register by 2/24
Mar. 3		Tompkins Community Bank 4-H Livestock Scholarship Deadline
Mar. 4 & 8		Public Presentations (Livingston Co. Auditorium) - Register by 2/23
Mar. 26	6pm	Livingston County Nibblers Meeting (Chip Holt Nature Center)
Apr. 9	6pm	4-H Information Night (Livingston Co. Conference Center)
Apr. 24	6pm	Creative Fiber Arts Revue (Livingston Co. Auditorium)
Apr. 24	6pm	Livingston County Nibblers Meeting (Chip Holt Nature Center)
Apr. 30		4-H Enrollment Deadline

*CCE Livingston County will be closed on  
February 17th for Presidents Day*



## Coming up-

### TEEN FUN

**Wednesday, February 12th | 6:00-7:00pm**  
**CCE Livingston Office**

Teen Council Meeting – A little opening activity followed by discussions about the Spring Egg Hunt.

**March TBD | 6:00-7:00pm**  
**CCE Livingston Office**

Teen Council Meeting – Beginning preparations for the upcoming Spring Egg Hunt. Talk of ideas for activity nights and possible community service projects.

4-H Members 12+ are invited to join our new offerings for learning leadership, comradery and fun!

Questions and RSVPs to Randy  
(rjs@cornell.edu)



# 2024-2025 4-H ENROLLMENT IS OPEN!

**Enroll before your first 4-H activity!**



Age as of January 1, 2025:  
Cloverbud: 5-7 years  
4-Her: 8-18 years

Enrollment Fees:  
\$15/Youth  
\$40/Family (3+ Youth)



Visit <http://ccelivingstoncounty.org/4-h-youth/joining-4-h-2>  
for a link to the enrollment form!  
OR scan the QR Code!



**BE SURE TO READ THE INSTRUCTION PAGE BEFORE COMPLETING YOUR ENROLLMENT FORM**



Send payment (cash or check, payable to CCE Livingston County) to:  
3 Murray Hill Drive, Mount Morris, NY 14510

Or use our Paypal link found here: <http://ccelivingstoncounty.org/donate>  
Click "Donate", set the amount, and include "[youth name] 4-H Enrollment" in the note section.

## **Interested in becoming an Enrolled Volunteer?**

Applications can be found on our website or contact Jenn for more information!

# DEADLINE TO ENROLL IN 4-H: APRIL 30TH





# WHAT'S GOING ON IN 4-H?!

Save the Date



## 2025 NY Farm Bureau Youth Scholarship

Open to a 2025 graduating high school senior who will continue their education to prepare for a career in some way connected to the diverse agricultural industry. Applicants must live or work on a farm or be involved with agriculture via any avenue. A Family Farm Bureau or Student Farm Bureau membership is required and may accompany application. Applications and information available at [bit.ly/NYFB-scholarship](https://bit.ly/NYFB-scholarship) or by calling 1-800-342-4143. Completed applications must be returned to NY Farm Bureau in Albany. Deadline: April 1, 2025



We will be hosting a monthly 4-H volunteer social hour to help you connect with each other and learn about new programming ideas.

February 18 | 6pm-7pm  
CCE Office  
\*\*New Location\*\*

Each month will feature a different curriculum or activity! Everyone will receive the curriculum and supplies to lead the activity.

Featured Curriculum  
4-H CLOVER

RSVP to Jenn at [jls669@cornell.edu](mailto:jls669@cornell.edu) by February 14th

## FAIR T-SHIRT CONTEST

Start thinking about a t-shirt design featuring this year's theme!



Send your ideas to Jenn by February 21st at [jls669@cornell.edu](mailto:jls669@cornell.edu). You could win a free shirt and bragging rights for the whole year!





# WHAT'S GOING ON IN 4-H?!

## Introduction to Public Presentations

**When: Tuesday, February 11th | 5:30 | Livingston County Auditorium**

Interested in Public Presentations but not sure what they are? Or do you need to brush up on your public speaking skills? Join us as we will learn about the ins and outs of the event, and how to format your presentation while you brainstorm on topics you might want to talk about.

**RSVP to Randy (rjs546@cornell.edu) by Feb 4th**



## Creative Fiber Arts Revue

### Creative Fiber Arts Revue

The County Event in which a member's completed fiber arts product (project) and skills are evaluated. After the evaluation, members are highly encouraged to participate in the fashion revue portion of the event. Members will learn how to model their project and provide a final fashion review for an audience. NOT limited to only sewn clothing garments.

### Creative Fiber Arts Project:

Learning techniques to manipulate fiber through one or more steps to create a finished product. Fibers include those from plants, animals and some that are human-made. Projects are NOT limited to only sewn clothing garments.

**Date: Thursday, April 24th | 6pm**

Livingston County Auditorium | Registration Deadline TBD

**Need some ideas? Its not all about Sewing!**

Spinning • Braiding • Appliqué • Felting • Sewing • Macramé • Embroidery • Quilting • Basketry  
Weaving • Knitting • Needlepoint • Paper-Making • Hooking • Patchwork • Other As Approved

For more information (how the event works, what you need to do, what to expect, etc.) or resources, scan the QR Code or contact Randy at rjs546@cornell.edu or 585-991-5444





# COUNTY-WIDE CLUB MEETINGS

## 4-H DISCOVERY CLUB

Interested in joining a 4-H Club?! Join the Discovery Club! We will focus on a different topic or upcoming event every month! Open to ALL ages.

February Meeting  
Topic: Soil Painting

Join Jenn & Randy to learn how to make paint using the different colors of soil. Everyone will make their own painting!

February 25th | 5:30pm-6:30pm  
Chip Holt Nature Center

RSVP by 2/21 to Jenn at [jl5669@cornell.edu](mailto:jl5669@cornell.edu)

## LIVINGSTON COUNTY NIBBLERS

This club is open to all enrolled 4-Hers and we will have monthly meetings at 6pm in the Chip Holt Nature Center. Each month we will work on showmanship, rabbit/cavy care, and other activities. If you're interested, come check it out. Come to one or all meetings - just **RSVP to Jessica Gramkee at [jgramkee@gmail.com](mailto:jgramkee@gmail.com)** before the meeting date in case of cancellation.

UPCOMING MEETINGS:

February 26 **\*\*New Date\*\***

March 26

April 24

May 28



## 4-H Career Explorations

June 25-27, 2025

Cornell University

Program Tracks:

University U: teens entering 8th grade and up

Focus for Teens: teens entering 10th grade and up

"I feel this experience allowed me to see that I can do it! I can arrive on a college campus and make friends, learn and be successful. The whole thought was very daunting but now I'm ready."

Scan for more information!



**Save the Date!!**

**2025 4-H HEMLOCK FAIR THEME:**

**Circus/Carnival**

**4-H is the greatest show on earth!**





## ***New York State Guernsey Calf Scholarship***

The Calf Scholarship Award Program is sponsored by the New York State Guernsey Breeders Association for the purpose of encouraging those who do not presently own Guernseys to become involved with the Guernsey Breed. A purebred Guernsey Calf will be awarded to the applicant who shows interest in the Guernsey breed and who has demonstrated the capabilities of developing the animal to its fullest potential. Applicant must be age 9 – 15 as of January 1st of the application year. You do not have to belong to 4 – H, FFA, or a breed club to participate. Applications are due March 1st. More information and an application may be found at <https://nyguernseybreeders.com/our-association/state-award-applications/>

## **New York State Brown Swiss Calf Scholarship**

The Calf Scholarship Award Program is sponsored by the New York State Brown Swiss Breeders Association. A purebred Brown Swiss calf will be awarded to one applicant who demonstrates the interest and competence to care and develop the animal to its fullest potential, to learn from this project, and to promote the breed while attending shows. Applicants must be between the ages of 9-15 as of January 1st of the application year and not own Brown Swiss of their own. Applications are due March 1st. For scholarship requirements and application, please email Mark at [mjw16@cornell.edu](mailto:mjw16@cornell.edu).



## **Spring Fundraiser Around the Corner!**

.....  
: Hanging Basket & :  
: Geranium Sale :  
.....

**More information to come in  
the March & April Livewires!**



## ***4-H Horseback Riding Log Sheet & Contest***

The NYS 4-H Horse Program is happy to announce start of the Horseback Riding Log Sheet & Contest. This log sheet isn't just for those NYS 4-H youth who ride, it is riding, driving, and groundwork as well! Log your hours with your horse(s)! Please use different sheets if you are working with more than one horse. This program will run from October 1st, 2024 to September 30th, 2025. The top two Cloverbud, Junior and Senior youth with the highest documented hours will be selected for prizes from the NYS 4-H Horse Program! If your hours fill more than the chart provided, you may use more than one sheet! Logs will be posted at the NYS 4-H Horse Program webpage in the near future: <https://cals.cornell.edu/nys-4-h-animal-science-programs/livestock/horses>





## Animal Activity Night

### Heart Dissection

We will be learning about the circulatory system and dissecting pig hearts

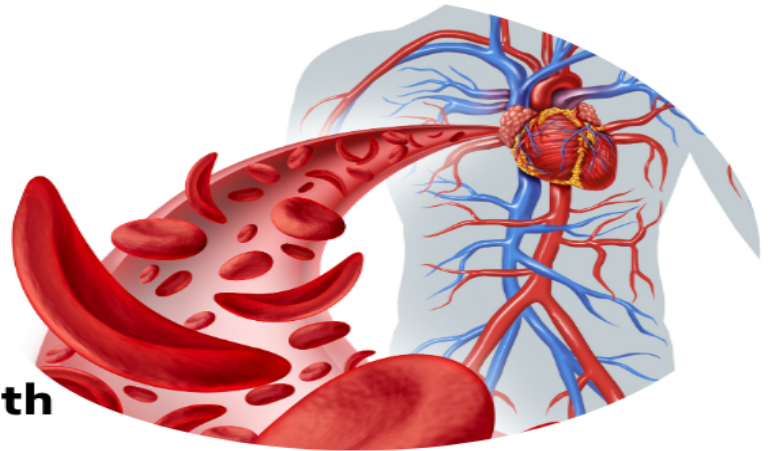
**February 20th**

**5:30-6:30pm**

**Chip Holt Nature Center**

RSVP to Jenn at  
jls669@cornell.edu by  
February 17th

**Open to ALL enrolled 4-H youth**



### **CONSIGNED MARKET HOG & LAMB PROJECT**

If you are interested in or planning on exhibiting a market hog and/or lamb at the Hemlock Fair and selling it in the auction you should be doing these things at this time:

- Making sure you are currently an enrolled 4-H member. If you are not sure, please contact Randy at rjs546@cornell.edu.
- Reading the 2024/2025 4-H Livestock Sale Rules for complete project information, rules, changes from last year, etc. These can be found at <https://cclivingstoncounty.org/resources/2024-2025-auction-sale-rules>
- Seeking producers/sources for your project animals. **Ownership deadline is May 1st.**
- Making plans to complete the required pre-fair animal education requirement in order to exhibit at the fair. See page 9 of this issue.
- **Email Mark (mjw16@cornell.edu) with the number of hogs and/or lambs you are registering for the project by May 1st.** Project information and records will then be sent to you.

Contact Mark at mjw16@cornell.edu with questions about the project and continue watching the Livewire for project details and updates!



# ANIMAL SCIENCE

**\*\*ATTENTION ALL HEMLOCK FAIR 4-H ANIMAL EXHIBITORS\*\***

## **PRE-FAIR EDUCATIONAL ACTIVITY REQUIREMENT**

All Dairy & Livestock and Small Animal exhibitors exhibiting at the Hemlock Fair are **required to complete one 45-minute animal-related educational activity by July 1<sup>st</sup>**. Cloverbuds are exempt:

- This requirement is for all members exhibiting at least one of the following species: Rabbit, Cavy, Poultry (Fancy & Meat Birds), Dairy, Beef, Goat, Sheep, or Swine
- Only 1 activity required regardless of the number of species being exhibited
- Failure to complete this requirement on time will result in forfeit of all fair animal premiums for the species listed above
- An activity can include any of the following:
  1. Any Livingston County 4-H Animal Activity Night participated in during current 4-H Year
  2. Participation in the Livingston County 4-H Public Presentation Program (**MUST be an animal-related presentation**)
  3. Any county, regional, state or Cornell University-sponsored 4-H animal science activities
  4. Independent 4-H animal activity pre-approved by a 4-H educator. A completed Pre-Fair Educational Activity Form must be completed and submitted with this option. Form may be found at <http://celivingstoncounty.org/resources/pre-fair-educational-activity-form>. Examples may include researching an animal-related topic of interest, attending an animal show, participating in a hands-on animal experience with a knowledgeable adult, watching videos/presentations on raising/showing an animal, etc. Contact Mark or Jenn regarding one of these ideas or if you have one of your own.

If you are willing to work with us, we will work with you to complete this requirement! Questions? Contact Mark at [mjw16@cornell.edu](mailto:mjw16@cornell.edu) | 585-991-5441 or Jenn at [jls669@cornell.edu](mailto:jls669@cornell.edu) | 585-991-5439.

## **TOMPKINS COMMUNITY BANK 4-H LIVESTOCK SCHOLARSHIPS**

**Tompkins Community Bank will be sponsoring 4-H livestock scholarships again this year. A \$100 swine scholarship and \$100 sheep scholarship will be awarded to deserving members to help purchase a market or breeding animal project in each species.**

- Any enrolled 4-H member is eligible to apply for all but may only receive one scholarship in a given year.
- A member may only receive a specific species scholarship once.
- The application process will include an application, knowledge test, interview, letter of recommendation, and references



**APPLICATION DUE: MARCH 3RD  
INTERVIEW: TBD**

**SCAN THE QR CODE FOR  
THE APPLICATION**



Questions?! Contact Mark at [mjw16@cornell.edu](mailto:mjw16@cornell.edu)

# Market Poultry Project

Meat birds will be part of the 4-H market animal program and 4-H Livestock Auction at the Hemlock Fair. This project is ideal for members interested in raising a market animal but may be restricted by space, facilities, or finances.

The meat bird project will follow the rules found in the 2025 4-H Livestock Sale Rules available at: <https://cclivingstoncounty.org/resources/2024-2025-auction-sale-rules>

Please read this document carefully before committing to the project! There are a couple of new rules highlighted in the document.

**\*NEW:** Exhibitors consigning market poultry only and no other species may sell 2 pens of 2 birds. Exhibitors consigning meat birds and another species may only sell 1 pen of 2 meat birds.

All participants will have to complete ONE Pre-Fair Educational Activity to be eligible to sell their meat birds at the fair!

All birds must be purchased through the 4-H program to be eligible for the meat bird project and sale.

Tentative Show & Crating Date:  
Sunday, July 6

Tentative Delivery:  
May 8-9

**Order Deadline:  
February 10th**

**Cost: \$2.20 each**

Order Minimum Per Youth:

- If selling 1 pen: 6 Chicks
- If selling 2 pens: 8 chicks

You will receive an email when we have an exact delivery date.

**Chicks must be picked up at the CCE Office on the day they are delivered**

**Orders MUST be  
submitted online.  
Scan the QR Code**



Questions: Contact Jenn ([jls669@cornell.edu](mailto:jls669@cornell.edu))





# ANIMAL SCIENCE

## 4-H HORSE COMMUNICATIONS EVENT

**THURSDAY, FEBRUARY 27**

**5:30PM | CCE OFFICE**

Email Mark at [mjw16@cornell.edu](mailto:mjw16@cornell.edu) by February 24 to register



Scan for contest information, rules, & score sheets



### REGIONAL EVENT

**Sat. March 29**

**\*Youth MUST qualify at the county event\***

### Divisions:

- Cloverbud: Youth 5-8 years of age as of January 1
- Novice: Youth other than Cloverbuds, participating in Horse Communications for the first time. Youth ages 10 & under as of January 1 may compete as a Novice a maximum of 2 years
- Junior: Youth 14 years of age and younger as of January 1
- Senior: Youth 14 years of age and older by January 1



Points for Horseman of the Year and qualifying points for the State Fair 4-H Horse Show will be awarded to participants

## 4-H HORSE QUIZ BOWL & HIPPOLOGY EVENTS

### County Event - Intro to Horse Quiz Bowl & Hippology

Saturday, February 15th, 10am-12pm, Chip Holt Nature Center

RSVP to Mark at [mjw16@cornell.edu](mailto:mjw16@cornell.edu) by February 12th

Come learn about what the 4-H Horse Quiz Bowl & Hippology Contests are all about! You will learn the formats of the contests, types of questions asked, topics to be knowledgeable of, resources to study from, contest rules, etc.

Participants will practice answering past contest questions and participate in practice contests.

### Regional Horse Quiz Bowl & Hippology Contests

Saturday, March 1st 9:30am, HFL Manor Intermediate School

RSVP to Mark at [mjw16@cornell.edu](mailto:mjw16@cornell.edu) by February 24th

Must have either attended the February 15th county event OR participated in a past regional contest.



**SCAN FOR  
CONTEST RULES**



Points for Horseman of the Year and State Fair 4-H Horse Show qualifying will be awarded for participation in the county and regional contests.

# 4-H Horse Program Reminders

## Required Horse Show Paperwork Due June 1st

### Important Information:

- A completed 4-H Horse Certificate and copies of current coggins & rabies certificates must be submitted to the CCE Office by June 1st for ANY horse that may be shown during the show season. Consider having an extra horse on file in case something happens to your primary horse. 4-H Horse Certificates may be found at our county 4-H Horse Program Webpage.
- All members who are riding in a 4-H Horse Show are required to have a Riding Skills Evaluation completed and on file with the CCE Office by June 1st or prior to their first show of the season. Any member is who showing for the first time or wishes to “move-up” a level must be re-evaluated - i.e.-Walk/Trot to Jr. or Sr. level or from Walk/Trot or Jog/Canter or Lope with no diagonals or leads to Walk/Trot/Canter with diagonals and leads. A member who has previously been evaluated to ride safely in Junior or Senior levels does not need to be reevaluated due to change of age from Jr. to Sr. Evaluation forms with complete information/instructions can be found at our county 4-H Horse Program Webpage.
- All 4-H Horse Shows will follow the rules outlined in the NYS 4-H Equine Show Rule Book. Livingston County 4-H Horse Shows will additionally follow the rules outlined in the Livingston County 4-H Horse Program Policy Book.
- 10 qualifying non-mounted educational points, as specifically outlined in the Livingston County 4-H Horse Program Policy Guide will be required to qualify to ride in a mounted event at the NYS Fair 4-H Horse Show but NOT at the county level.

### Visit the link at the code below for:

- Riding/Driving Evaluation Forms
- Rule Books
- Educational Events
- Horse Shows



### Paperwork Due June 1st:

- Horse Certificates
- Current Coggins & Rabies Certificate
- Riding Evaluation (June 1 or prior to rider's first show of the season)

All paperwork is due in the CCE Office for any horse you may be considering using at any county, regional, or state event. Please consider having an extra horse on file, just in case something happens to your primary horse

**Questions? Contact Mark at  
mjw16@cornell.edu**





# ANIMAL SCIENCE

## 2025 NYS 4-H ANIMAL CRACKERS

MAY 3, 2025

@ CORNELL UNIVERSITY



### THIS YEARS SPECIES INCLUDE:

- DAIRY
- GOATS (DAIRY AND MEAT)
- RABBITS
- POULTRY



# SAVE THE DATE

Watch for more information or visit -

<https://cals.cornell.edu/nys-4-h-animal-science-programs/state-events/programs/animal-crackers>



NYS 4-H LIVESTOCK

## 2025 NYS 4-H LIVESTOCK SUMMIT

JANUARY 29TH TO FEBRUARY 26TH @ 7 P.M. VIA ZOOM

- January 29th - Selection of your 4-H project animal. Seth Ebert- Ohio State ATI Judging Coach and Animal Science Professor
- February 5th - Getting there safely, Trailering 101! Jonathon Lippert, Lippert Trucking
- February 12th - Sheep and Goat Management Strategies! Jessica Waltemyer, NYS Small Ruminant Extension Specialist
- February 19th - Tic(S) Tock: Increasing Risk of Ticks on Livestock Joellen Lampman-IPM Extension Support Specialist
- February 26th - Beef 101- Keys to raising your Beef Project Adam Murray- NYS Extension Beef Specialist



To Register scan or visit link below:  
<https://cornell.zoom.us/join/zoom/register/tJUufumqrToiGNKOI5vnuKd3vnHnin8dNPmW>

For more information contact Brian Aukema at [bjal14@cornell.edu](mailto:bjal14@cornell.edu)



## NYS 4-H EDUCATIONAL ZOOM SESSIONS:

Join us for our yearly NYS 4-H Horse Educational Event zoom series! Come learn directly from our coaches about our contests and how to study/prepare!

Registration closes January 3rd, 2025.

We will be meeting:  
January 6, 13, 20, 27  
February 3, 10, 17, 24

REGISTRATION LINK:  
[HTTPS://REG.CCE.CORNELL.EDU/EDUCATIONALZOOMSESSIONS\\_127](https://reg.cce.cornell.edu/educationalzoomsessions_127)



QUESTIONS? DIRECT THEM TO JESSICA TYSON:

Jessica Tyson  
Email: [jms943@cornell.edu](mailto:jms943@cornell.edu)



## NYS 4-H Virtual Dairy Bowl Practices!

Join youth from across the state on Thursdays in January & February from 7 - 8pm and participate in virtual dairy bowl practices, hosted by the NYS 4-H Dairy Committee.

- January 9
- January 23
- February 6
- February 20
- February 27



Register here:  
<https://bit.ly/4fi7sQP>



# 4-7<sup>th</sup> Family Movie Day



**SUNDAY, FEBRUARY, 23**

Join us for  
games, popcorn,  
hot chocolate, &  
movie night!

1pm  
Livingston County  
Auditorium  
1 Murray Hill Dr.  
Mt Morris

Bring your pillows,  
blankets, camp chairs, etc.  
\*Seating will be available\*

RSVP to Jenn by 2/20

Cornell Cooperative Extension  
Livingston County



# DISCOVER 4-H!

Livingston County 4-H offers a variety of hands-on learning opportunities for youth. Join 4-H Staff to learn how you can join the 4-H Discovery Club!

April 9 | 6pm

Livingston County Conference Center  
1 Murray Hill Dr. Mount Morris

Scan the QR code to register!



Questions? Contact Us!

rjs546@cornell.edu

585-991-5444

Visit Our Website

<https://ccelivingstoncounty.org/>



## Choose Your 4-H Adventure

- ✓ County Led Events & Activities
- ✓ Public Speaking
- ✓ Large Animals
- ✓ 4-H Livestock Auction
- ✓ STEM
- ✓ Teen Leadership
- ✓ Small Animals



# Hop, Swim, and Crawl with the YNOE PWT

Join us for a fun and educational virtual series on amphibians, designed for youth across New York State! From February 26th to March 19th, 2025, each Wednesday evening from 6:30 p.m. to 7:30 p.m., participants will dive into the fascinating world of amphibians, learning about their unique characteristics, habitats, and conservation. These interactive sessions will feature expert guest speakers, exciting hands-on activities, and opportunities to ask questions. Don't miss this chance to discover the amazing amphibians that call New York home!

- **Dates: Wednesday nights at 6:30pm**  
**February 26th, and March 5th, 12th, and 19th**
- No cost to participate.
- Who can participate: Cloverbuds, 4-H members, 4-H parents, volunteers, and youth



**Registration is necessary.**

Click on this link:

[https://reg.cce.cornell.edu/YNOE-Amphibians\\_208](https://reg.cce.cornell.edu/YNOE-Amphibians_208)



OR Scan this QR Code



Cornell Cooperative Extension is an equal opportunity, affirmative action educator and employer.





RUTGERS UNIVERSITY  
4-H Youth Development  
New Jersey Agricultural Experiment Station



CHECK OUT THIS PODCAST!



This podcast explores the fun, but sometimes confusing role of the 4-H volunteer. Each episode examines a specific aspect or challenge volunteers face and offers best practices to improve the experience. New episodes released every other Wednesday.

**Previous Episode Topics Include:**

- Community Service vs. Service Learning
- All About 4-H Camp
- 4-H Club Business Meetings
- 4-H Thriving Model
- Healthy Competition
- Surviving Fair Season
- Valuing Diversity
- Working with Teen Leaders
- Measuring a Successful 4-H Club
- Power of Saying "Yes"

**LISTEN NOW**



Show: <https://go.rutgers.edu/awotzkr>

Facebook: <https://go.rutgers.edu/v1zxgnk>



Another **FREE** Program From the Chip Holt Nature Center

## Winter Bird Feeding



Learn about some of the birds visiting your bird feeder this winter!

Don't have a feeder?? You can make a bird feeder at the end of the presentation. **A great program for families.**

*No registration required*

**Friday**  
**February 28<sup>th</sup>**  
**7:00-8:00 pm**



The Chip Holt Nature Center  
Vitale Park,  
Lakeville, NY



# 2025 VOLUNTEER CONNECTIONS

**VIRTUAL  
LEARNING FOR  
VOLUNTEERS**

## PREPARING FOR YOUTH ENGAGEMENT

Wednesday, January 22nd from 6:30-8:00 PM

4-H is hands on learning! Have you ever spent hours preparing a hands-on learning experience for youth to then have it fall flat? You might be missing one key ingredient - youth engagement! Join us as we explore the key elements of youth engagement and practical strategies to move from working for youth to working with them!

**REGISTER NOW**

Hosted By The North East Region Volunteerism Team

<https://tinyurl.com/4HNERV2025>





# CCE EVENTS

Cornell Cooperative Extension | Livingston County



**HELP!  
HOW DO I USE MY  
AIR FRYER?**

CLASS IS OFFERED BY  
CORNELL COOPERATIVE EXTENSION - LIVINGSTON  
AT 3 MURRAY HILL DRIVE, MT. MORRIS, NY  
FRIDAY, FEBRUARY 21, 2025  
2-4 PM

CLASS WILL EXPLORE HEALTHY  
RECIPES AND LEARN BASICS OF  
USING AN AIR FRYER

TAUGHT BY COLLEEN THERRIEN, CCE NUTRITIONIST  
REGISTER AT NUTRITIONCCE@CORNELL.EDU OR  
CALL 585-991-5437  
COST \$5.00

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Cornell Cooperative Extension | Livingston County

## Join Us To Make A FLORAL HEART CAKE

**\$20**



WED.  
2/12

**5:30pm - 7:30pm**



Agricultural Program Manager, Ken Estes along with Nutrition Educator, Colleen Therrien will be joining together to teach how to make a heart shaped cake without a heart pan. You will be decorating your own cake with fresh floral to enjoy for the upcoming holiday.

*Call (585) 991-5420  
to reserve your seat by  
2/7/2025*



## The Fruit & Vegetable Prescription Program (FVRx)

Are you looking for ways to eat healthy and improve your health?

Join this **FREE 6-week** SNAP-Ed NY program, where you'll learn tips for eating healthy while saving time and money.

**Receive \$15/class** in vouchers to spend on fresh fruits and veggies at local food retailers!

**Location: York United Presbyterian Church**  
2662 Main Street, York, NY 14592

**Dates: Wednesdays, February 19, 26, March 5, 12, 19, 26**  
**Time: 10:30am-11:30AM**

**Must be 15 years or older to take the course.**

**Registration is Required!**

Contact Colleen (educator teaching the class) or Kelly (Program operator) to Register

**Contact information and health center will be requested and kept confidential.**

Colleen Vallone  
FVRx Nutrition Educator  
(585) 435-2703 cev42@cornell.edu

Kelly Steurrys  
FVRx Program Operator  
(585) 478-1480 / kss237@cornell.edu



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SNAP-Ed is funded by USDA's Supplemental Nutrition Assistance Program or SNAP. This institution is an equal opportunity provider.



## The Fruit & Vegetable Prescription Program (FVRx)

Are you looking for ways to eat healthy and improve your health?

Join this **FREE 6-week** SNAP-Ed NY program, where you'll learn tips for eating healthy while saving time and money.

**Receive \$15/class** in vouchers to spend on fresh fruits and veggies at local food retailers!

**Dates: March 6, 13, 20, 27, April 3 & 10**  
**Time: 5pm-6pm**

**Location: Dansville Public Library**  
200 Main St. Dansville, NY 14437

**6 weeks of one hour classes. To Register, please contact Maylee Zipfel at (585)991-5435 or Mlz34@cornell.edu. Must be 15 years or older to take classes.**

Contact information and health center will be requested and kept confidential.

Maylee Zipfel  
FVRx Nutrition Educator  
(585)991-5435 or Mlz34@cornell.edu

Kelly Steurrys  
Program Operator  
(585)478-1480 or kss237@cornell.edu



Cornell Cooperative Extension

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## Scrumptious Sundae

Let's Make a Delicious and Nutritious Snack!

Make sure to ask an adult for help!

Ingredients:  $\frac{1}{2}$  Cup Low-Fat Flavored Yogurt  
 $\frac{1}{2}$  Graham Cracker Sheet  
 $\frac{1}{2}$  Banana

Equipment: Plastic Knife  
Small Bowl  
Spoon



Procedure:

1. Before making the snack, make sure to wash your hands with soap and warm water.
2. Measure the yogurt into a cup
3. Break the graham cracker into small pieces and put on top of the yogurt.
4. Peel and slice the banana and place it on top of the sundae.
5. Enjoy!

This snack is made with everyday foods that are healthy for us, like low-fat yogurt and fruit. Can you think of any other everyday foods you could use to make a similar snack? \_\_\_\_\_

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# CLUB NEWS

## Lightening Bolts Club Report

First we went over upcoming events, then we made snow dough, last but not least we made marshmallow launchers.  
Written by Kiara Gramkee



## Rising Stars Club Report

In November the Rising Stars experimented with cheesecakes. We tried a traditional cream cheese and sour cream one. Then we tried substituting Greek yogurt for the sour cream and lastly we tried substituting the sour cream with marshmallow fluff! We also made chocolate cream pies.

In December we got creative and explored our artistic sides by printing holiday or winter scenes as inspiration and painting them on plexiglass.

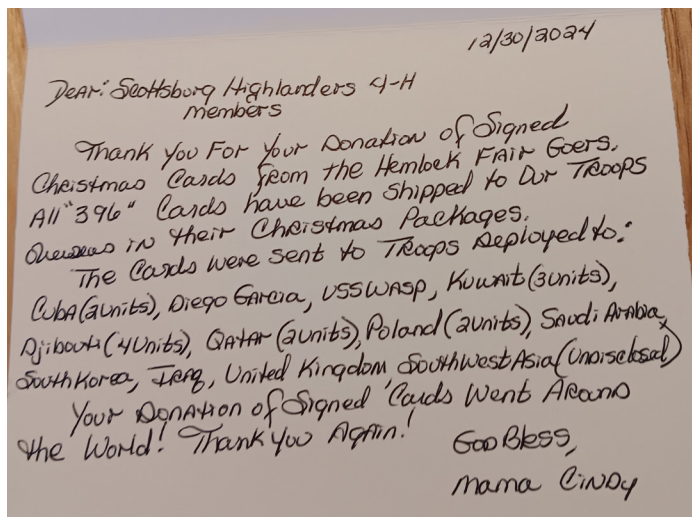
The Rising Stars club did a paper layering craft to create an outdoor winter scene for our January meeting.



## Live, Laugh, Love, Livingston Club Report

For this month we had two meetings, our first meeting we finished up our mugs, then we did some zen tangles. Lastly we took a straw and tried to put marshmallows in a cup. For the second meeting we finished up our zen tangles. Then we did watercolor with colored vinegar and baking soda. We also went over the upcoming PINY contest.

Written by Kiara Gramkee



## The 4-H Pledge

I pledge my HEAD to clearer thinking.  
I pledge my HEART to greater loyalty.  
I pledge my HANDS to larger service.  
I pledge my HEALTH to better living for my club, my community, my country, and my world.

## 4-H Club Reports & Articles Wanted!

4-H Club Leaders and Secretaries are encouraged to share their club happenings (meetings, projects, activities, events, etc.) with our 4-H community by submitting a brief report or write up for publication in the monthly Livewire. Reports/write ups should be submitted by the 15th of the month to Jenn at [jls669@cornell.edu](mailto:jls669@cornell.edu).



## BE SURE TO READ YOUR FEBRUARY NEWSLETTER!



# 4-H GROWS HERE

This newsletter comes to you as part of the educational program provided by the Livingston County Cornell Cooperative Extension 4-H Program. It is prepared by the 4-H staff and published every month.

### 4-H Program Advisory Committee:

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Nicole Christiano	Jessica Gramkee
Matt Cicero	David Lang
Megan Coty	

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[www.ccelivingstoncounty.org](http://www.ccelivingstoncounty.org)

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Please contact the Cornell Cooperative Extension of Livingston County office if you have any special needs.