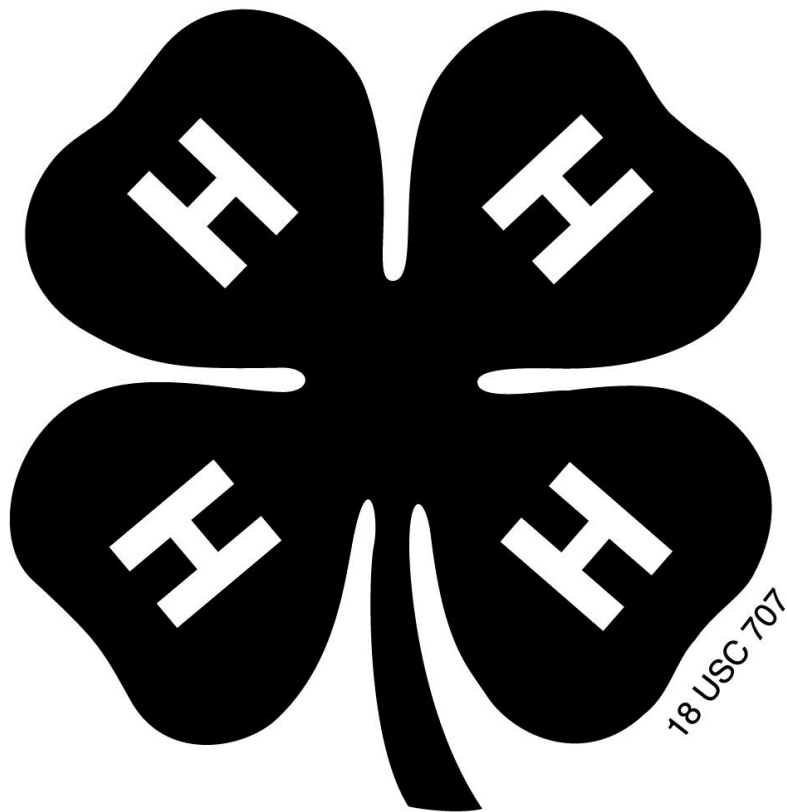




PROJECT SUMMARY BOOK

LIVINGSTON COUNTY 4-H

NAME: _____ DATE OF BIRTH: _____ PHONE: _____

ADDRESS: _____ TOWN: _____, NY ZIP: _____

YEAR STARTED IN 4-H: _____ NAME OF LEADER(S): _____



Cornell University
Cooperative Extension
Livingston County

4-H SUMMARY BOOK DIRECTIONS

This 4-H Summary Book is designed to help you keep an accurate record of your 4-H accomplishments from year to year. You will start it the first year that you are in 4-H and continue to keep it up to date each year. It is a place where you can record all of the projects that you have completed, exhibits made, awards received, community service and leadership experiences that you participate in. The Summary Book will be a valuable document, as you become eligible to apply for different 4-H trips and awards. You will also find it valuable to you when you apply for college or a job where you need to list some of your accomplishments.

The Summary Book is something that each 4-H member should do for themselves. This is your responsibility, not your parents'. Your 4-H leader or parent will help you, but the job of filling it out and keeping it up to date belongs to you.

4-H Summary Books will be reviewed annually by the 4-H club leaders. They are sent to the 4-H office ONLY when you are eligible to apply for a Project Pin or Trip Award. This is typically in late August of each year. Your Summary Book will be returned to you at Achievement Day.

Keep your Summary Book in a safe place. Many 4-H member put their Summary Book in a notebook or in a vinyl folder to keep it from getting tattered over the years. If you need to add pages, you can obtain extra pages from the 4-H office, make copies or find them on our website.

Please contact the CCE Office if you have questions about the Summary Book at any time.

PUBLIC PRESENTATIONS AND PUBLIC INFORMATION

(INCLUDE ANY TIME YOU PUBLICLY SHARE INFORMATION ABOUT YOUR 4-H EXPERIENCE)

[illegible]

PUBLIC PRESENTATIONS AND PUBLIC INFORMATION (CONTINUED)

[illegible]

PROJECTS

A PROJECT IS A SERIES OF RELATED LEARNING EXPERIENCES. SOME EXAMPLES INCLUDE FOOD & NUTRITION, PHOTOGRAPHY, POULTRY, SWINE, RABBIT, AND ROBOTICS. STAND-ALONE ACTIVITIES THAT ARE NOT A FULL PROJECT CAN BE LISTED WITH “OTHER 4-H PARTICIPATION”

[illegible]

PROJECTS CONTINUED

[illegible]

PROJECTS CONTINUED

[illegible]

PROJECTS CONTINUED

[illegible]

COUNTY AND STATE FAIR EXHIBITS

[illegible]

COUNTY AND STATE FAIR EXHIBITS CONTINUED

[illegible]

COUNTY AND STATE FAIR EXHIBITS CONTINUED

[illegible]

COUNTY AND STATE FAIR EXHIBITS CONTINUED

[illegible]

COMMUNITY SERVICE

LIST ALL SERVICE YOU HAVE DONE WITH YOUR 4-H CLUB, TEEN COUNCIL OR AS AN INDIVIDUAL.

[illegible]

COMMUNITY SERVICE CONTINUED

[illegible]

LEADERSHIP EXPERIENCE

INCLUDE ALL ACTIVITIES THAT YOU HAD AN ACTIVE LEADERSHIP ROLE. EXAMPLES INCLUDE CLUB OFFICER, COMMITTEE LEAD OR ACTIVITY LEADER WITHIN YOUR CLUB OR COMMUNITY.

Year	Name of Club or Committee	Office or Responsibility
2015	<i>Livingston County 4-H Club</i> <i>4-H Advisory Committee</i> <i>STARR</i> <i>Teen Council</i>	<i>Secretary for club, led club members in arts & crafts activity, organized food drive for club members</i> <i>Served as Teen Member</i> <i>Planning Committee Member</i> <i>Coordinated BINGO with nursing home</i>

OTHER 4-H PARTICIPATION

LIST ALL EDUCATIONAL TRIPS, TOURS, WORKSHOPS, EVENTS, ACTIVITIES AND PROGRAMS

[illegible]

4-H HONORS AND RECOGNITION

LIST SPECIAL AWARDS, TRIPS, MEDALS, PLAQUES, TROPHIES, SCHOLARSHIPS AND OTHER RECOGNITION RECEIVED.

[illegible]

NON 4-H SERVICE, LEADERSHIP AND PARTICIPATION

LIST ONLY YOUR MOST MEANINGFUL EXPERIENCE THROUGH PARTICIPATION SCHOOL, RELIGIOUS AND COMMUNITY ORGANIZATIONS OTHER THAN 4-H.

[illegible]

FUNDRAISING

LIST ALL CLUB AND COUNTY FUNDRAISING ACTIVITIES YOU ARE INVOLVED IN.

[illegible]

MY 4-H DIARY

(TO BE STARTED FIRST YEAR IN 4-H)

1ST YEAR IN 4-H:

INTRODUCE YOURSELF, STATE YOUR AGE, AND TELL WHEN AND WHY YOU JOINED 4-H.

2ND YEAR IN 4-H:

WRITE ABOUT YOUR EXPERIENCES IN YOUR PROJECTS AND INVOLVEMENT IN 4-H THIS YEAR.

3RD YEAR IN 4-H:

LIST THE MOST IMPORTANT KNOWLEDGE AND SKILLS YOU RECEIVED FROM THE PROJECT AND ACTIVITIES COMPLETED THIS YEAR.

4TH YEAR IN 4-H:

TELL ABOUT YOUR FAVORITE PROJECTS OR ACTIVITIES THAT YOU HAVE ENJOYED.

5TH YEAR IN 4-H:

HIGHLIGHT THE 4-H PROJECTS AND ACTIVITIES THAT HAVE HAD THE MOST MEANING FOR YOU. INCLUDE MAJOR LEARNING EXPERIENCE.

6TH YEAR IN 4-H:

EXPLAIN HOW 4-H HAS HELPED YOU BECOME A BETTER CITIZEN. DESCRIBE THE COMMUNITY SERVICE ACTIVITIES YOU HAVE PARTICIPATED IN AND HOW THESE EXPERIENCES HAVE AFFECTED THE WAY YOU VIEW YOURSELF AND OTHERS.

7TH YEAR IN 4-H:

EXPLAIN HOW 4-H HAS HELPED YOU BECOME A BETTER LEADER. DESCRIBE THE MOST IMPORTANT OFFICES YOU HAVE HELD AND COMMITTEE ASSIGNMENTS YOU HAVE ACCEPTED. TELL ABOUT WHAT YOU HAVE LEARNED FROM WORKING WITH OTHER 4-H'ERS AS A JUNIOR OR TEEN LEADER. EXPLAIN HOW YOUR 4-H EXPERIENCES HAVE HELPED YOU TO FULFILL LEADERSHIP ROLES OUTSIDE 4-H.

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

8TH YEAR IN 4-H:

USING ALL OF THE INFORMATION ALREADY RECORDED IN THIS PLUS ANOTHER SIGNIFICANT EXPERIENCE, WRITE YOUR “4-H STORY.” EMPHASIZE THOSE THING THAT HAVE HAD THE GREATEST INFLUENCE IN THE DEVELOPMENT OF YOUR SKILLS, ATTITUDES AND FUTURE GOALS. IN OTHER WORDS, TELL US HOW 4-H HAS HELPED TO MAKE YOU THE PERSON YOU ARE TODAY.

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

9TH YEAR IN 4-H:

ADD TO YOUR “4-H STORY” ANY ADDITIONAL EXPERIENCES YOU HAVE HAD.

[illegible]