

PROJECT SUMMARY BOOK

LIVINGSTON COUNTY 4-H

Name:	DATE OF BIRTH:	PHONE:
Address:	Town:	, NY ZIP:
YEAR STARTED IN 4-H:	Name of Leader(s):	



4-H SUMMARY BOOK DIRECTIONS

This 4-H Summary Book is designed to help you keep an accurate record of your 4-H accomplishments from year to year. You will start it the first year that you are in 4-H and continue to keep it up to date each year. It is a place where you can record all of the projects that you have completed, exhibits made, awards received, community service and leadership experiences that you participate in. The Summary Book will be a valuable document, as you become eligible to apply for different 4-H trips and awards. You will also find it valuable to you when you apply for college or a job where you need to list some of your accomplishments.

The Summary Book is something that each 4-H member should do for themselves. This is your responsibility, not your parents'. Your 4-H leader or parent will help you, but the job of filling it out and keeping it up to date belongs to you.

4-H Summary Books will be reviewed annually by the 4-H club leaders. They are sent to the 4-H office ONLY when you are eligible to apply for a Project Pin or Trip Award. This is typically in late August of each year. Your Summary Book will be returned to you at Achievement Day.

Keep your Summary Book in a safe place. Many 4-H member put their Summary Book in a notebook or in a vinyl folder to keep it from getting tattered over the years. If you need to add pages, you can obtain extra pages from the 4-H office, make copies or find them on our website.

Please contact the CCE Office if you have questions about the Summary Book at any time.

PUBLIC PRESENTATIONS AND PUBLIC INFORMATION

(INCLUDE ANY TIME YOU PUBLICLY SHARE INFORMATION ABOUT YOUR 4-H EXPERIENCE)

Year	Title of Presentation, Talk,			
	Speech, etc.	write about?	this?	(if judged)
Example 1 2015	A Clean Finish	How to varnish wood	County Presentations District Presentations	Blue Red
Example 2 2015	My Rabbit, Ralph	Talked to customers about my rabbit and how I take care of it.	Tractor Supply, Geneseo	

PUBLIC PRESENTATIONS AND PUBLIC INFORMATION (CONTINUED)

Year	Title of Presentation, Speech, etc.	Talk,	What did you write about?	teach,	tell or	Where did you do this?	Ribbon (if judged)

PROJECTS

A PROJECT IS A SERIES OF RELATED LEARNING EXPERIENCES. SOME EXAMPLES INCLUDE FOOD & NUTRITION, PHOTOGRAPHY, POULTRY, SWINE, RABBIT, AND ROBOTICS. STAND-ALONE ACTIVITIES THAT ARE NOT A FULL PROJECT CAN BE LISTED WITH "OTHER 4-H PARTICIPATION"

Year	Project Name	Work Done- what was learned and what was made through this project?
Example 2014	Food & Nutrition	I began learning basic baking techniques, including measuring dry and liquid ingredients, how to cream butter and sugar and fold in dry ingredients. I made 6 recipes.
Example 2 2014	Photography	I learned the parts of a digital camera, how to set up a scene, fill my frame and use the rule of thirds. I took photos at my house, inside and outside, also on 2 hikes and in the garden.

PROJECTS CONTINUED

Year	Project Name	Work Done- what was learned and what was made through this project?

PROJECTS CONTINUED

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PROJECTS CONTINUED

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COUNTY AND STATE FAIR EXHIBITS

Year	Project Food & Nutrition	Item Exhibited	Place Exhibited	Ribbon
2015	Food & Nutrition	Chocolate Chip Cookies	Hemlock State Fair	Blue Blue
2015	Photography	"Marshland" creative framing	Hemlock Fair	Red

Year	Project	Item Exhibited	Place Exhibited	Ribbon

Year	Project	Item Exhibited	Place Exhibited	Ribbon

Year	Project	Item Exhibited	Place Exhibited	Ribbon

Year	Project	Item Exhibited	Place Exhibited	Ribbon

COMMUNITY SERVICE

LIST ALL SERVICE YOU HAVE DONE WITH YOUR 4-H CLUB, TEEN COUNCIL OR AS AN INDIVIDUAL.

Year	What did you do?	For whom?	Time Devoted?	Did you do this alone or with your club?
Example 1 2015	stuffed envelopes	Heart Fund	2 hours	With club
Example 2 2015	Created holiday cards	Nursing home residents	6 hours	alone

COMMUNITY SERVICE CONTINUED

Year	What did you do?	For whom?	Time Devoted?	Did you do this alone or with your club?

LEADERSHIP EXPERIENCE

INCLUDE ALL ACTIVITIES THAT YOU HAD AN ACTIVE LEADERSHIP ROLE. EXAMPLES INCLUDE CLUB OFFICER, COMMITTEE LEAD OR ACTIVITY LEADER WITHIN YOUR CLUB OR COMMUNITY.

Year	Name of Club or Committee	Office or Responsibility
2015	Livingston County 4-H Club 4-H Advisory Committee STARR Teen Council	Secretary for club, led club members in arts & crafts activity, organized food drive for club members Served as Teen Member Planning Committee Member Coordinated BINGO with nursing home

OTHER 4-H PARTICIPATION

LIST ALL EDUCATIONAL TRIPS, TOURS, WORKSHOPS, EVENTS, ACTIVITIES AND PROGRAMS

YEAR	ACTIVITY
2015	Horse Bowl, Hippology, 3A Trip, October, November, March and April Activity Nights, Discovery Days (sewing, paper beads and PINY workshops), Woods Walk- October & March.

4-H HONORS AND RECOGNITION

LIST SPECIAL AWARDS, TRIPS, MEDALS, PLAQUES, TROPHIES, SCHOLARSHIPS AND OTHER RECOGNITION RECEIVED.

YEAR	ACTIVITY	
2015	Gold Level Secretary Award, Photography Project Pin, 3A Trip, Cornell Career Explorations Trip Award.	

NON 4-H SERVICE, LEADERSHIP AND PARTICIPATION

LIST ONLY YOUR MOST MEANINGFUL EXPERIENCE THROUGH PARTICIPATION SCHOOL, RELIGIOUS AND COMMUNITY ORGANIZATIONS OTHER THAN 4-H.

YEAR	ORGANIZATION	ACTIVITY
2015	Key club, School Church Group	Chaired Carnival Committee to raise funds for juvenile diabetes, collected coats for kids.

FUNDRAISING

LIST ALL CLUB AND COUNTY FUNDRAISING ACTIVITIES YOU ARE INVOLVED IN.

YEAR	ACTIVITY
2015	Coffee, Cocoa, Tea Fundraiser, Holiday Greens Teen Exchange Fundraiser, Chicken BBQ- October and June, Geranium Sale.

My 4-H DIARY

(TO BE STARTED FIRST YEAR IN 4-H)

1 st Year in 4-H:
INTRODUCE YOURSELF, STATE YOUR AGE, AND TELL WHEN AND WHY YOU JOINED 4-H.
2 ND YEAR IN 4-H:
Write about your experiences in your projects and involvement in 4-H this year.

3rd Year in 4-H:
LIST THE MOST IMPORTANT KNOWLEDGE AND SKILLS YOU RECEIVED FROM THE PROJECT AND ACTIVITIES COMPLETED THIS YEAR.
<u>4th Year in 4-H:</u>
TELL ABOUT YOUR FAVORITE PROJECTS OR ACTIVITIES THAT YOU HAVE ENJOYED.

5 th Year in 4-H:
HIGHLIGHT THE 4-H PROJECTS AND ACTIVITIES THAT HAVE HAD THE MOST MEANING FOR YOU. INCLUDE MAJOR LEARNING EXPERIENCE.
6 th Year in 4-H:
EXPLAIN HOW 4-H HAS HELPED YOU BECOME A BETTER CITIZEN. DESCRIBE THE COMMUNITY SERVICE ACTIVITIES YOU HAVE PARTICIPATED IN AND HOW THESE EXPERIENCES HAVE AFFECTED THE WAY YOU VIEW YOURSELF AND OTHERS.

7TH YEAR IN 4-H:

EXPLAIN HOW 4-H HAS HELPED YOU BECOME A BETTER LEADER. DESCRIBE THE MOST IMPORTANT OFFICES YOU HAVE HELD AND COMMITTEE ASSIGNMENTS YOU HAVE ACCEPTED. TELL ABOUT WHAT YOU HAVE LEARNED FROM WORKING WITH OTHER 4-H'ERS AS A JUNIOR OR TEEN LEADER. EXPLAIN HOW YOUR 4-H EXPERIENCES HAVE HELPED YOU TO FULFILL LEADERSHIP ROLES OUTSIDE 4-H.

8TH YEAR IN 4-H:

JSING ALL OF THE INFORMATION ALREADY RECORDED IN THIS PLUS ANOTHER SIGNIFICANT EXPERIENCE, WRITE YOUR "4-H STORY." EMPHASIZE THOSE THING THAT HAVE HAD THE GREATEST INFLUENCE IN THE DEVELOPMENT OF YOUR SKILLS, ATTITUDES AND FUTURE GOALS. IN OTHER WORDS, TELL US HOW 4-H HAS HELPED TO MAKE YOU THE PERSON YOU ARE TODAY.

9 TH YEAR IN 4-H:
ADD TO YOUR "4-H STORY" ANY ADDITIONAL EXPERIENCES YOU HAVE HAD.