## List 2 Things You Learned:

This question appears on the Double Entry Tag and is often asked of 4-H members at various events. Sometimes the answer is very obvious, especially if the exhibit represents new/first time learning. You might answer, "I learned how to use a hand saw", "I learned how to measure dry ingredients" or "I learned how to fill the frame when taking a photograph."

Sometimes what was learned doesn't seem so obvious, especially if the project area or skills used aren't new skills. It can be helpful to reference the 4-H Life Skills Wheel when your 4-H members find themselves in this situation. Helping youth realize the connections between hands-on 4-H project experiences and life skills can be extraordinarily beneficial. Use the Life Skills Wheel below for inspiration.

## Here are a few examples:

- "Sewing a zipper was very difficult in this fabric, and I had to redo it several times, and I learned resiliency as I completed it."
- "Completing the project independently, I had to learn self-motivation."
- "I worked with my club when completing this exhibit and learned to communicate my ideas more clearly."
- "I baked several dozen cookies to donate at the holidays and learned sharing and concern for others through the experience."

