



PINY BASICS

What is it?

Why participate?

How to get involved.

WHAT IS PINY?

Simply put, PINY is a silent food demonstration.

Youth demonstrate knowledge and skill by preparing a recipe containing at least one cup of a New York grown or produced ingredient.

There is no need to talk during the presentation, but judges may ask questions of participants.

All enrolled 4-H members can participate, including Cloverbuds.



WHAT IS PINY?

PINY actually stands for Produced in New York and is meant to celebrate and recognize all of the great food products we have available to us in New York State. The NY ingredient you choose can be home grown, but does not have to be.

Here are some favorite New York Ingredients:

apples

pumpkins

corn

beef

poultry

eggs

blueberries

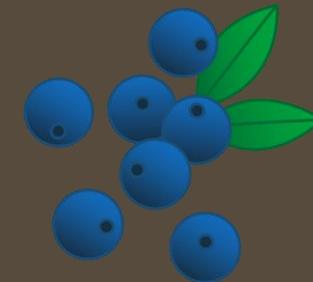
squash

beans

milk

cheese

chicken



WHY PARTICIPATE IN PINY?

PINY is a great introduction to the world of public presentations.

Because youth don't need to talk and can work simultaneously with other kids, many youth find it less intimidating than public speaking.

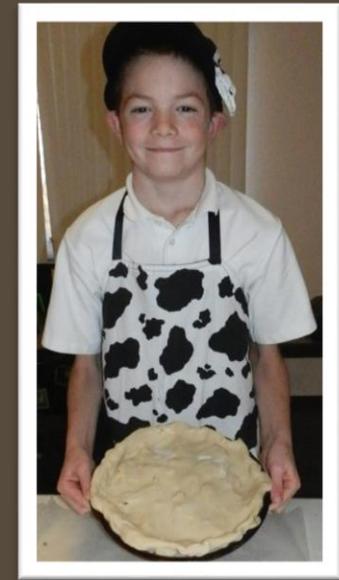
Youth gain poise, confidence and can show off their culinary skills.

Participation in this County event counts toward trips and awards and...

It's FUN!



HOW TO PARTICIPATE



1. Choose a recipe & learn about your New York State ingredient.
2. Fill out and submit the Registration & Recipe Form found in the Livewire or on our website before the deadline.

<http://ccelivingstoncounty.org/4-h-youth/activities-and-events/produced-in-new-york>

3. Practice your recipe
4. Complete the Menu Planning Sheet and bring it with you. Forms are found on our website:

<http://ccelivingstoncounty.org/4-h-youth/activities-and-events/produced-in-new-york>

4-H age: Use **Menu Planning Form** link on the left

Cloverbud: Use **Cloverbud Menu Planning Form** link on the left

5. Pack your supplies and ingredients and head to your scheduled PINY Demonstration.

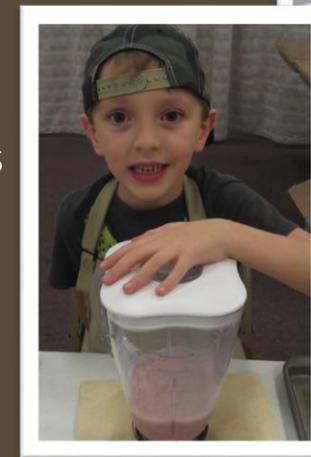
HOW TO PARTICIPATE

Plan to arrive 15 minutes early for your scheduled time in order to set up your work station.

When told to begin, prepare your recipe and have fun.

A demonstration judge will watch everyone work and take notes on your skill. He/She may ask you questions.

A sample of your recipe will also be evaluated by a tasting judge. If your recipe is one that requires baking or a long cooking time, you can bring a prepared sample for the judges to taste or you can offer a sample of your finished product when your demonstration is complete.



NEED MORE INFORMATION?

- Explore our website: <http://ccelivingstoncounty.org/4-h-youth/activities-and-events/produced-in-new-york>
- Look for Registration Forms
- How to Measure Ingredients
- Helpful Hints & PINY Evaluation Power Point
- Contact Renee at the CCE Office:
 - 585-991-5420 | 585-335-1752
 - rh445@cornell.edu

