



# 4-H Let's Get Outdoors Day!

**Saturday, May 19, 2018**

**9:30am-2:30pm**

**4-H Camp Bristol Hills**

4437 Kear Road, Canandaigua, NY 14424



All Finger Lakes District 4-H Youth are invited to **Let's Get Outdoors Day!** Registration fee is \$5 and individual workshops may have a supply fee or special age requirements. Youth ages 8 and up will pick two hands-on workshops, cloverbuds will choose a special cloverbud track. Please bring a bagged lunch and a refillable water bottle. Wear sunscreen, closed toe footwear, and clothes that can get dirty!



For additional information contact:

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**Cornell Cooperative Extension**

**A. Archery-First Shot Preparation.** A hands-on approach will teach the parts of a bow, arrow, targets, the safety of the equipment and range. After a short introduction, there will be an opportunity to shoot. A box and arrow craft will also be completed. All equipment will be provided. Minimum age is 9-years-old.

**B. Fairy Houses-**Participants will collect items found in nature to create small living environments for wee folks. Use your imagination and excitement in the outdoors.

**C. Outdoor Cookery-**Join the Seneca County Nutrition Issue Leader and creator of the Wild Harvest Table to build a cooking fire and create tasty foil packets, including sampling. Supply fee of \$10.

**D. Outdoor Survival-**Spend time on the outdoors trails at camp to learn what to bring on a hike, tell time by the sky, how to make a splint and more.

**E. Water Bugs-**What is an aquatic macroinvertebrate? Discover beneficial bugs and learn about water quality in the camp pond.

**Cloverbud Track-**Bring lots of energy to play games, create a snack, take a nature walk, dig in the dirt, take an up close look at nature with magnifying glasses, and more!



Please return this registration form with \$5 registration fee to CCE Seneca County , Susan Coyle, 308 Main Street Shop Centre, Waterloo, NY 13165. Registrations are requested by Friday, May 4th.

Name \_\_\_\_\_ Age \_\_\_\_\_ Phone \_\_\_\_\_

Email \_\_\_\_\_ County Enrolled In \_\_\_\_\_

Workshop Choices:

Cloverbud \_\_\_\_\_ OR List the letter of your top 4 workshop choices in order of preference:

1 \_\_\_\_\_ 2 \_\_\_\_\_ 3 \_\_\_\_\_ 4 \_\_\_\_\_

If you have any special needs, please contact the CCE Office 2 weeks prior to the program.